GET YOUR CALENDAR READY.

VIRTUAL YOUTH HOMELESSNESS & HOUSING PROVIDER TRAINING SERIES

Diving deeper into resilience, connection & trauma responsive care

SEPTEMBER - FEBRUARY
Series Lineup

September 15th
Expanding Our Understanding of Resilience
12:30p-2:30pEST - Register here

October 14th
Empowering & Engaging in Healthy Relationships with Young People
10a-12pEST - Register here

November 2nd
Reimagining Our Blueprints for Connection with Young People: A Trauma-Responsive Approach
1p-3pEST - Register here
Series Lineup

December 9th
Building Resiliency: Refilling Your Cup
12:30-3:30pEST -Register here

February 10th
Dating in a Digital World
10a-12pEST Register here
YOUTH HOMELESSNESS & HOUSING PROVIDER TRAINING SERIES

Session I

Expanding Our Understanding of Resilience

Description

Session I features a screening of an 1 hour documentary, *Resilience: The Biology of Stress & the Science of Hope*, which addresses Adverse Childhood Experiences (ACEs). A post film debriefing will provide participants with additional tools and resources for further exploring the practice of resilience building with those they serve and in their communities.

September 15th 12:30p-2:30pEST

Click Here to Register
YOUTH HOMELESSNESS & HOUSING PROVIDER TRAINING SERIES

SESSION II

Empowering & Engaging in Healthy Relationships with Young People

Description

Relationships involve complex dynamics built on connection, our lived experiences, and the supports we have around us. This session will take a deeper dive into exploring how relationships can exist on spectrum from healthy, to unhealthy, to even abusive and the additional challenges young people experiencing housing instability/homelessness face. Additionally, participants will learn evidence informed strategies on how to build, maintain and support healthy relationships with the young people they serve.

October 14th 10a-12p EST

Click Here to Register
YOUTH HOMELESSNESS & HOUSING PROVIDER TRAINING SERIES

Session III

REIMAGINING OUR BLUEPRINTS FOR CONNECTION WITH YOUNG PEOPLE: A TRAUMA-RESPONSIVE APPROACH

Description: This session will expand upon Session I & the film Resilience: The Biology of Stress & the Science of Hope to explore how Adverse Childhood Experiences (ACES) contribute to repeated activation of fear response systems and disrupt the functions of the attachment and regulation centers of the brain. In addition, the session will explore evidence-based resilience factors to aid individuals in the healing process with others through safe connection.

November 2nd 1p-3p EST

Click Here to Register
Youth Homelessness & Housing Provider Training Series

Session IV

Building Resiliency Refilling Your Cup

December 9th
12:30–3:30pEST

Click Here to Register
Youth Homelessness & Housing Provider Training Series
Session V
February 10th 10a-12p Est

Dating in a Digital World

DESCRIPTION

Technology is an important aspect of young people’s relationships. In this session, participants will explore popular social media applications and websites frequented by young people that can be used as a tool of power and control as well as prevention.

Click Here to Register