

GET YOUR CALENDAR READY.

VIRTUAL YOUTH HOMELESSNESS & HOUSING PROVIDER TRAINING SERIES

*Diving deeper into resilience, connection & trauma
responsive care*

SEPTEMBER - FEBRUARY



COHHIO

Coalition on Homelessness
and Housing in Ohio



Series Lineup

September 15th

Expanding Our Understanding of
Resilience

12:30p-2:30pEST - [Register here](#)

October 14th

Empowering & Engaging in Healthy
Relationships with Young People

10a-12pEST - [Register here](#)

November 2nd

Reimagining Our Blueprints for
Connection with Young People: A Trauma-
Responsive Approach

1p-3pEST - [Register here](#)

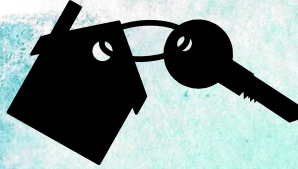
Series Lineup

December 9th

Building Resiliency: Refilling Your Cup
12:30-3:30pEST -[Register here](#)

February 10th

Dating in a Digital World
10a-12pEST [Register here](#)



YOUTH HOMELESSNESS & HOUSING PROVIDER TRAINING SERIES

Session I

Expanding Our Understanding of Resilience

Description

Session I features a screening of an 1 hour documentary, *Resilience: The Biology of Stress & the Science of Hope*, which addresses Adverse Childhood Experiences (ACEs). A post film debriefing will provide participants with additional tools and resources for further exploring the practice of resilience building with those they serve and in their communities.

September 15th 12:30p-2:30pEST

[Click Here to Register](#)



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SESSION II

Empowering & Engaging in Healthy Relationships with Young People

Description

Relationships involve complex dynamics built on connection, our lived experiences, and the supports we have around us. This session will take a deeper dive into exploring how relationships can exist on spectrum from healthy, to unhealthy, to even abusive and the additional challenges young people experiencing housing instability/homelessness face. Additionally, participants will learn evidence informed strategies on how to build, maintain and support healthy relationships with the young people they serve.

October 14th 10a-12pEST

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Session III

REIMAGINING OUR BLUEPRINTS FOR CONNECTION WITH YOUNG PEOPLE: A TRAUMA-RESPONSIVE APPROACH

DESCRIPTION: THIS SESSION WILL EXPAND UPON SESSION I & THE FILM RESILIENCE: THE BIOLOGY OF STRESS & THE SCIENCE OF HOPE TO EXPLORE HOW ADVERSE CHILDHOOD EXPERIENCES (ACES) CONTRIBUTE TO REPEATED ACTIVATION OF FEAR RESPONSE SYSTEMS AND DISRUPT THE FUNCTIONS OF THE ATTACHMENT AND REGULATION CENTERS OF THE BRAIN. IN ADDITION, THE SESSION WILL EXPLORE EVIDENCE-BASED RESILIENCE FACTORS TO AID INDIVIDUALS IN THE HEALING PROCESS WITH OTHERS THROUGH SAFE CONNECTION.

November 2nd 1p-3p EST

[Click Here to Register](#)



Coalition on Homelessness
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Youth Homelessness & Housing Provider Training Series

Session IV

Building Resiliency Refilling Your Cup

December 9th
12:30–3:30pEST

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*Youth Homelessness & Housing
Provider Training Series
Session V
February 10th 10a-12pEst*

Dating in a Digital World

DESCRIPTION

Technology is an important aspect of young people's relationships. In this session, participants will explore popular social media applications and websites frequented by young people that can be used as a tool of power and control as well as prevention.

[Click Here to Register](#)