Agenda

- Icebreaker
- Updates
- WIC Presentation
- COHHIO - Data Overview
- Closing
Ohio Women, Infants, and Children (WIC) Program

Heather Kristofzski-Raizor, MPH, RDN, LD, CBS, CLS, IBCLC

Ohio WIC Nutrition Administration Services Consultant
Ohio Department of Health
What is WIC

- Official name: Special Supplemental Nutrition Program for Women, Infants, and Children
- WIC is a preventive nutrition program
- WIC provides:
  - Nutrition education and counseling
  - Breastfeeding education and support
  - Supplemental foods
  - Referral services
Who does WIC Serve

- **Women**
  - Who are pregnant
  - Who are breastfeeding an infant up to 12 months of age
  - Who have an infant under 6 months of age
- **Infants**
  - From birth to 12 months of age
- **Children**
  - From 1 to 5 years of age
Eligibility

- Meet Income requirements
  - 185% of the Federal Poverty Guidelines (Ex: A family of 4 grossing up to $49,025 annually is income-eligible)
  - Adjunctive eligibility

- Meet Residency requirements
  - Must live in the state in which they are applying for benefits

- Have a nutrition or medical risk
  - Determined by a health professional in the clinic
WIC Outcomes

• Adequate Prenatal Care
• Healthier Birth Outcomes
• Increased Immunization Rates
• Enriched Health Care
• Better Dental Health

• Decreased Infant Mortality Rates
• Increased Rate of Breastfeeding
• Reduced Smoking
• Better Food Choices
• Lower Risk of Child Abuse/Neglect
WIC Food Benefits

- Milk / Yogurt / Cheese
- Cereals - whole grain
- Eggs
- Juice
- Canned Fish
- Canned and dry beans, and peanut butter
- Fruits and vegetables
- Whole grains (e.g., wheat bread)
- Infant cereal
- Iron fortified formula
- Commercially prepared infant fruits/vegetables and meat
Redemption of Benefits

- Benefits issued to the WIC Nutrition Card (WNC)
- Specific to participant’s nutritional needs
- WNCs can be used at more than 1,100 authorized vendor locations
- Can only purchase items/quantities that have been issued to WNC
- Items contained in a State-approved UPC database
WIC and Adapted Practices

- There are 74 projects in Ohio with clinics in all 88 counties
- 182,176 participants for Ohio (FFY20 average)
Breastfeeding Education and Support

- It is integrated into the education of all pregnant and postpartum WIC participants
- Support is provided by local staff:
  - International Board-Certified Lactation Consultant (IBCLC)
  - Certified Lactation Counselor (CLC) or similar
  - Breastfeeding Peer Helpers
Breast Pumps
WIC Resources

https://odh.ohio.gov/wic

https://wicworks.fns.usda.gov/

https://www.nwica.org/
24/7 Breastfeeding Hotline

Ohio Statewide 24 Hour Breastfeeding Helpline

Operated by Appalachian Breastfeeding Network funded by the Ohio Department of Health

888-588-3423

*All persons handling phone lines are certified as CLC, CLS, or IBCLC.
Finding a Local WIC Office

- Call 1-844-601-0365
- Text keyword localwic + zip code to 67076
- Visit www.signupwic.com/local

Eligibility Screening Tool:
https://wic.fns.usda.gov/wps/pages/preScreenTool.xhtml
Contact Info

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614-644-8062
Continuous Quality Improvement

Data-Driven Responses Preventing and Ending Youth Homelessness, in Ohio

Lisa Brooks & Amanda Wilson
Data-Driven Response

Using facts, metrics and data to guide strategic decisions that align with shared goals and objectives.
Data-Driven Response: Importance

• Creating visibility & telling part of the story of youth homelessness
• Program sustainability
  • Consistent community response for youth
• Establishing baseline information & trends
• Intentional planning & informed decision making
• Tool to further develop, tweak, refine & build-out appropriate responses
Data-Driven Response: Inviting Lived Experience

Invite youth into the process where possible:

- Hire them =)
- Invite them to:
- Provide input & make decisions on:
  - How/what data is collected
  - Data sharing & data collaboration
  - Analysis and response
  - Creation of forms/apps/tools
  - Continuous quality improvement
Data-Driven Response: Quarter 1 Snap Shot

8 of 13 subgrantees have submitted APRs

5 project types have submitted data:
- Homelessness Prevention (2)
- Transitional Housing (2)
- Rapid Re-Housing (2)
- Supportive Services (6)
- Street Outreach (1)
- Transitional Living (1)

Preliminary Data
Data-Driven Response: Quarter 1 Snap Shot

Youth served in quarter 1 by project type:

- Transitional Housing: 46
- Rapid Re-Housing: 156
- Supportive Services: 150+

100 children (primarily under age 5) have received services funded by ODH in quarter 1.
Data-Driven Response: Quarter 1 Snap Shot

Living situations of youth prior to entry:

- Place not meant for habitation: 98 youth
- Temporarily with family: 108 youth
- Temporarily with friends: 56 youth
- Hotel/Motel: 4 youth

Preliminary Data
Data-Driven Response: Quarter 1 Snap Shot

Living situations of youth prior to entry:

- Emergency Shelter: 173 youth
- Transitional Housing: 23 youth
- Institutional: 9 youth
- Foster Care/Group Home: 5 youth
Data-Driven Response: Quarter 1 Snap Shot

Health Conditions reported at entry:

- Mental Health Disorder: 280
- Developmental Disability: 50
- Physical Disability: 16

Preliminary Data
Data-Driven Response: Quarter 1 Snap Shot

Health Conditions reported at entry:

- Chronic Health Conditions: 38
- Alcohol Use Disorder: 6
- Drug Use Disorder: 28
Data-Driven Response: Analyzing and Utilizing Data

What are we doing with the data?

• Analyzing and processing internally
• Sharing it with you
• Exploring provider, community and program trends
• Considering data-driven technical assistance and training for grantees
• Considering data-driven program standard development in partnership with subgrantees
• Exploring data quality and custom reporting opportunities
• Sustainability planning
Data-Driven Response: Housekeeping

- Important dates

<table>
<thead>
<tr>
<th>Quarter</th>
<th>Quarter 1</th>
<th>Quarter 2</th>
<th>Quarter 3</th>
<th>Quarter 4</th>
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<tr>
<td>Reporting Period</td>
<td>07/01/2021-09/30/2021</td>
<td>10/01/2021-12/31/2021</td>
<td>01/01/2022-03/31/2022</td>
<td>04/01/2022-06/30/2022</td>
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<td>Data Report(s) Due Date</td>
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<td>01/31/2022</td>
<td>04/30/2022</td>
<td>07/31/2021</td>
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</tbody>
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*Upload 3 data reports in GMIS per project*
Data-Driven Response: Housekeeping

- Required Reports & Formats

  - Annual Performance Report (APR) pdf
  - Services Report csv
  - YHDP Supplemental Tool excel

All sub-grantees & contractors are required to submit data quarterly
Data-Driven Response: Technical Assistance

Reach out to COHHIO for technical assistance & training when needed!

- Send an email to Lisa Brooks
  Lisabrooks@cohhio.org
- Send an email to Amanda Wilson
  Amandawilson@cohhio.org
- Request TA on the COHHIO website here:
  https://cohhio.org/programs/youth-initiative/tta/
  Scroll to bottom “request form”
HAPPY HOLIDAYS!

A BILLION

THANKS!