Serving High Need Families: Interventions to Stabilize Housing

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Programs and Services Provided

• **Rapid ReHousing**
  – Focus on housing stability and paying rent after the rental subsidy period ends
  – For families, single adults, and young adults (age 18-24)
  – Provide case management services

• **Supportive Housing for Families Program**
  – Population served is families experiencing very high barriers
  – Focus on maintaining or obtaining housing and treating mental health or trauma that may have led to or contributed to homelessness or instability
  – Services provided include case management, individual therapy, and family therapy using Trauma Adapted-Family Connections
Programs and Services, cont.

- **Family Housing Management Program**
  - Population served is families who have a permanent housing voucher
  - Provide case management services to head of household with goal of housing stability
  - Services also include mental health case management to assist with stabilization and treatment

- **Young Adult Services**
  - Case management to assist with stability and transition into housing
  - Mental health case management
  - Therapeutic services to assist young adults establish a support system
Barriers to Stability

- Poverty
- Systemic Racism
- Mental Health
- Substance Use
- Domestic Violence
- Lack of support system
- Unsafe or inadequate housing
Interventions to address Barriers

• Linkage to mental health/substance use treatment
• Focus on workforce training programs
• Dedicated Case Management partnership at Cuyahoga County Job and Family Services
• Safety planning and system advocacy with domestic violence
Inventions continued

- Assistance with locating new housing
- Strengthening family relationships
- Mediate issues with landlords to prevent eviction
- Assistance with basic need resources (ex: food pantries, furniture resources, etc)
- Advocacy and partnership with Department of Child and Family Services
Service delivery during COVID-19

• Ensuring basic needs are met
• Emphasizing coping skills during periods of isolation
• Utilizing telehealth for safety of client and staff
• On call availability to staff to ensure access to a service provider